

What could a Discipleship Meeting Look Like?

Time Suggestion: 1-1.5 hours

Option for how to use the time:

Beginning: Pray. Catch up on Life. Debrief the Active Response from last week's discipleship cycle.

Main Portion: Topic of study through Discipleship Essentials or a Discipleship Cycle

End: Prayer & Accountability

Suggested "Steps" of Discipleship:

1. Start with relationship and get to know the person. (Be casual but also intentional: get meals with them, go to the gym with them, hang out!)
2. Ask questions and listen. Learn about their life & faith.
3. Use the Discipleship Essentials book by IVP as a great starter into discipleship and Scripture together
4. After Discipleship Essentials, decide on a book of Scripture or topics you want to grow in and launch into the Discipleship Cycle from any of its 3 components (or use the cycle in day to day interactions with disciplee)

How to Lead through a Discipleship Cycle:

- *Debrief & Interpret* - if they're having conflict or trying to think through something in their dorms/class/personal life. Ask, "What happened? What could have gone better with it? Is there anything the Lord might be calling you to do in that situation?" Re-interpret things they don't understand - i.e. "Maybe this conflict that's hard isn't God saying He doesn't love you. Scripture ACTUALLY says that God disciplines those He loves, and that He works all things for the good of those who love Him. I think God might be trying to teach and grow you, and show His love to you in new ways. Would you like to spend a little time praying about that and asking God to speak to us?"
 - Questions to ask in the Debrief:
 - What happened?
 - What did you learn about yourself or God?
 - What do you want to do next time?
- *Respond Actively* - if they've been convicted by a sermon, large group talk, or Scripture they've been studying or Scripture you both have been studying together: "It seems like God is really speaking to you through (blank). What could we do to respond to God together this week? (Take a risk in witness, servant-hood, prayer, loving others, confessing sin, obeying a command, repenting of sin, etc.)"
- *Hear the Word* - Invite them to look at Scripture with you. "Would you like to study a passage in the Bible together this week?" or, "I've been wanting to study and get to know the book of Mark better. Would you be interested in studying it with me, maybe once a week for the semester? I think it's helpful to have this kind of accountability."